

JUNE 2017

Four Rivers Charter School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The Romans called June "Iunius" or Junius, but it is unclear whether this was after Juno, goddess of marriage, or whether May and June were named for the old and young: 'maiores' and 'juniores'.

5
"Sloppy Joe" Sandwich
Crispy Tater Tots
Assorted Fruit

6
Cheese Ravioli w/ Sauce
Seasoned Vegetables
Warm Breadstick
Fresh Fruit

7
Chef Sam's Chicken Banh
Mi Sandwich
Sweet Potato Fries
Fresh Fruit

8
Baked Potato Bar w/
Choice of: Chili, Cheese &
Broccoli
Assorted Veggies
Fresh Fruit

9
Pizza Variety
Veggies & Dip
Fresh Fruit

12
Popcorn Chicken
Roasted French Fries
Assorted Fruit

13
Spaghetti & Meatsauce
Side Garden Salad
Garlic Knot
Fresh Fruit

14
Chef Sam's Tacos al
Pastor
Marinated Corn & Black
Bean Salad
Assorted Fruit

15
Brunch for Lunch:
French Toast
Scrambled Eggs
Crispy Homefries
Breakfast Sausage
Cinnamon Apples

16
Pizza Variety
Veggies & Dip
Fresh Fruit

19
Chef's Choice

20
Chef's Choice

21
Last day of School
No Lunch

26
Summer Break!

27
Summer Break!

28
Summer Break!

29
Summer Break!

30
Summer Break!

Entrée Alternates

Mondays: Chicken Patty, Nacho Chips & Dip, Sunbutter & Jelly Sandwich

Tuesdays: Grilled Chicken Sandwich, Salad (Chef or Veg), SB&J Sandwich

Wednesdays: Ham Sandwich, Meatball Sub, SB&J Sandwich

Thursdays: Turkey Sandwich, Salad (Chef or Veg), SB&J Sandwich

Fridays: Nacho Chips & Dip, Salad (Chef or Veg) SB&J Sandwich

Milk offered daily

Menu Subject to Change

USDA is an equal opportunity employer