

# JUNE 2018

## Four Rivers Charter School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW...

The flower of June is the rose, which is widely recognized as a symbol of love and/or sympathy. June is also National Rose Month!

4  
Chicken Nuggets  
Smile Fries  
Veggies & Dip  
Assorted Fruit

5  
Grilled Cheese Sandwich  
Hot Soup  
Veggies & Dip  
Assorted Fruit

6  
Pasta & Meatsauce  
Goulash  
Seasoned Vegetables  
Garlic Knot  
Assorted Fruit

7  
Chef Sam's Southwest  
Chicken Taco Wrap  
Black Bean & Corn Salad  
Assorted Fruit  
Chocolate Pudding Cup

8  
Stuffed Crust Pizza  
Side Salad  
Fresh Fruit

11  
BBQ Chicken Grinder  
Cape Cod Chips  
Veggies & Dip  
Fresh Fruit

12  
"Fenway Frank" Hotdog  
Boston Baked Beans  
Veggies & Dip  
Assorted Fruit

13  
Turkey & Cheese Melt  
Homemade Pasta Salad  
Veggie Sticks & Dip  
Fresh Fruit

14  
Chef Sam's Teriyaki  
Chicken and Vegetables  
Brown Rice  
Fresh Fruit

15  
Pizza  
Fresh Veggies  
Fresh Fruit

18  
Hamburger/Cheeseburger  
French Fries  
Homemade Potato Salad  
Assorted Fruit

19  
Chicken & Cheese  
Quesadilla w/ Lettuce,  
Tomato, Salsa, Sour  
Cream  
Spanish Rice & Beans  
Assorted Fruit

20  
BBQ Pulled Pork  
Sandwich  
Homemade Coleslaw  
Assorted Fruit

21  
Last Day of School!

Pizza  
Fresh Veggies  
Fresh Fruit

25  
Have a Wonderful  
Summer Break!

Check out where you can  
get summer meals at  
[www.gpsk12.org](http://www.gpsk12.org)

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### Entrée

### Alternates

**Mondays:** Chicken  
Patty, Nacho Chips  
& Dip, Salad,  
Sunbutter & Jelly  
Sandwich

**Tuesdays:** Grilled  
Chicken Sandwich,  
Nacho Chips & Dip,  
Salad, SB&J  
Sandwich

**Wednesdays:**  
Meatball Sub, Nacho  
Chips & Dip, Salad,  
SB&J Sandwich

**Thursdays:** Turkey  
Sandwich, Nacho  
Chips & Dip, Salad,  
SB&J Sandwich

**Fridays:** Ham  
Sandwich, Nacho  
Chips & Dip, Salad,  
SB&J Sandwich

**Milk Offered  
Daily**

**Fruit &  
Veggie Bar  
Offered  
Daily**

**Menu  
Subject to  
Change**