

# DECEMBER 2017

## Four Rivers Charter School

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

**DECEMBER WAS ORIGINALLY THE TENTH MONTH OF THE YEAR IN THE ROMAN CALENDAR. IT GETS ITS NAME FROM THE LATIN WORD "DECEM" WHICH MEANS TENTH.**

Cheese Pizza  
Side Garden Salad  
Fresh Fruit

**1**

Chicken Nuggets  
Oven Baked French Fries  
Veggies & Dip  
Fresh Fruit

**4**

Whole Grain Pasta & Sauce  
Homemade Broccoli Salad  
Fresh Fruit  
Dinner Roll

**5**

Chef Sam's Arroz con Gandules  
Roasted Butternut Squash  
Fresh Fruit

**6**

Soup of the Day  
Toasted Deli Melt Sandwich  
Seasoned Vegetables  
Assorted Fruit

**7**

Stuffed Crust Pizza  
Farm Fresh Carrot Coins & Dip  
Fresh Fruit

**8**

Chicken & Cheese Quesadilla w/ Shredded Lettuce, Tomato, Sour Cream, Salsa  
Rice & Beans  
Fresh Fruit

**11**

Brunch for Lunch  
Pancake w/ Syrup  
Scrambled Eggs  
Hashbrown  
Cinnamon Apples

**12**

Chef Sam's Pulled Pork Sandwich  
Homemade Coleslaw  
Sweet Potato French Fries  
Fresh Fruit

**13**

Tomato Soup  
Grilled Cheese Sandwich  
Fresh Veggies & Dip  
Fresh Fruit

**14**

French Bread Pizza  
Side Salad w/ Garbanzo Beans  
Fresh Fruit

**15**

Chicken Patty w/ Lettuce & Tomato  
Crispy Tater Tots  
Veggies & Dip  
Fresh Fruit

**18**

Homemade Shepherd's Pie  
Warm Dinner Roll  
Baked Cinnamon Apples

**19**

Bosco Pizza Sticks  
Fresh Veggies & Dip  
Assorted Fruit

**20**

Early Release K-12  
Sunbutter & Jelly Sandwich  
Carrot Sticks  
Juice

**21**

No School

**22**

No School

**25**

No School

**26**

No School

**27**

No School

**28**

No School

**29**

### Entrée Alternates

**Mondays:** Chicken Patty, Nacho Chips & Dip, Salad, Sunbutter & Jelly Sandwich

**Tuesdays:** Grilled Chicken Sandwich, Nacho Chips & Dip, Salad, SB&J Sandwich

**Wednesdays:** Meatball Sub, Nacho Chips & Dip, Salad, SB&J Sandwich

**Thursdays:** Turkey Sandwich, Nacho Chips & Dip, Salad, SB&J Sandwich

**Fridays:** Ham Sandwich, Nacho Chips & Dip, Salad, SB&J Sandwich

**Milk Offered Daily**

**Fruit & Veggie Bar Offered Daily**

**Menu Subject to Change**